

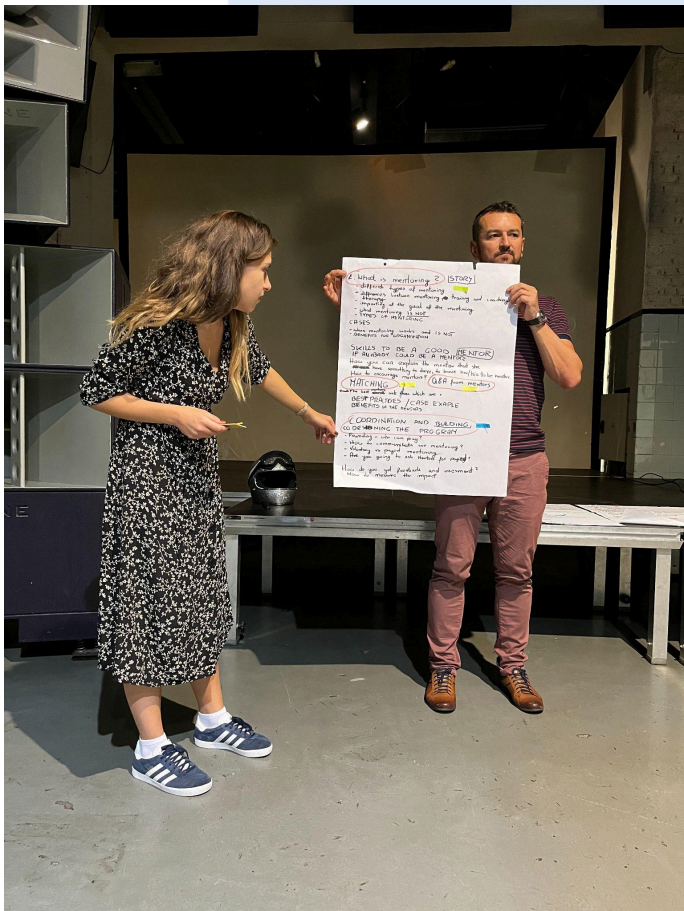


BeMyHelp

Mentoring of women returning to the labour market

Erasmus+ BeMyHelp project

Hello, good to see you!



The project was born out of the idea of **teaching organizations and companies how to implement the mentoring method**. As a result, we provide companies with the necessary tools to meet the needs of the audience. We direct this project to **organizations supporting women returning to the labor market**.

What's going on in the project?

We do 2 important things: we help women to come back to the labor market. On the other hand, we can help organisations to prepare and implement mentoring into their companies.

First, you can read complete materials on what mentoring is and how to implement it on the site. This is our handbook, a set of good practices from different organizations. These are free and valuable tools and materials. You can also watch our e-learning.

SEE MATERIALS

Online training about effective mentoring program

We recently completed a training for organizations on what mentoring is and how to implement it as a development program. Participants learned how to manage and build a mentoring program in their organizations. The goal of the training was not only knowledge, but also inspiration and networking. The training helps to plan a step-by-step mentoring program to help work with women returning to the labor market.

Participants also learned, for example,

- how to create a tailored program,
- how to manage a program based on SMART,
- what are the benefits of mentoring for the mentor and mentee
- what skills should a mentor have?
- how to deal with difficulties?

What next steps?

Supervision

In the next part of the project, we will prepare organisations to implement the mentoring program at their company. This is a kind of **supervision**. In this way, companies will gain comprehensive support and will be able to facilitate women's work when they return to the labor market. Stay tuned!

"A mentor is not someone who goes in front of us to show us how he did something. A mentor walks beside us to show us what we can do." - Simon Sinek



THANK YOU FOR READING!

BE SURE TO FOLLOW US ON SOCIAL

MEDIA AND STAY TUNED FOR THE

NEXT EDITION OF THE BEMYHELP

NEWSLETTER!



BeMyHelp



Co-funded by
the European Union

