



Mentoring for women re-entering the job market

labour market



Introduction

The **Erasmus+ BeMyHelp project** was launched in September 2022 and it aims to implement the mentoring method in socio-professional projects targeting socially excluded groups, particularly **women**.

Its objective is to provide an effective tool for personal development and facilitate their re-entry into the labour market. The project involves four organizations from Poland, Spain, and Greece.

Current status

We are thrilled to present the latest edition of our newsletter, marking the conclusion of a year filled with achievements in our project! Since its start in October 2022, we've embarked on an exciting journey of collaboration, learning, and significant progress. Join us in this annual summary to explore the milestones we've reached and the exciting prospects ahead. Your ongoing support has been instrumental in our success, and we look forward to sharing more updates with you in the future!

1st TPM in Athens (Greece)

In October 2022, our partners gathered in Athens, Greece, for the kick-off meeting, where we laid the foundations of the project and outlined our work plan. This event was a valuable opportunity to exchange ideas, experiences and perspectives. Since then, we have been immersed in developing tools for organising and running mentoring programmes for women.



Handbook

We are proud to announce the creation of a Mentoring Manual that covers everything needed to implement successful programmes.

This comprehensive resource includes key definitions, practical programme tools and a detailed guide to essential steps. Available in English and in the language of our partners, you can access this valuable resource through the project website.



Good Practices Guide

We have meticulously developed a Best Practice Guide that highlights five outstanding mentoring programs from each of our partner countries, resulting in a comprehensive repository of mentoring best practices.

Within this compilation, you'll find detailed descriptions of 20 exemplary programs, with each of our four partners contributing insights into five carefully selected best practices.

This guide stands as a valuable resource for understanding the most effective practices in the field of socio-professional mentoring

Training

In the forthcoming month, we are eagerly stepping into a thrilling phase as we initiate the delivery of mentoring training sessions to a group of 20 individuals per partner. This carefully designed program aims to provide participants with a comprehensive set of skills, empowering them to effectively implement mentoring programs. The training will delve into various aspects of mentoring, covering essential techniques, communication strategies, and program management principles.

Moreover, in our commitment to facilitating accessible learning, we have established an innovative e-learning space. This dedicated digital platform serves as a centralized repository, housing all project materials.

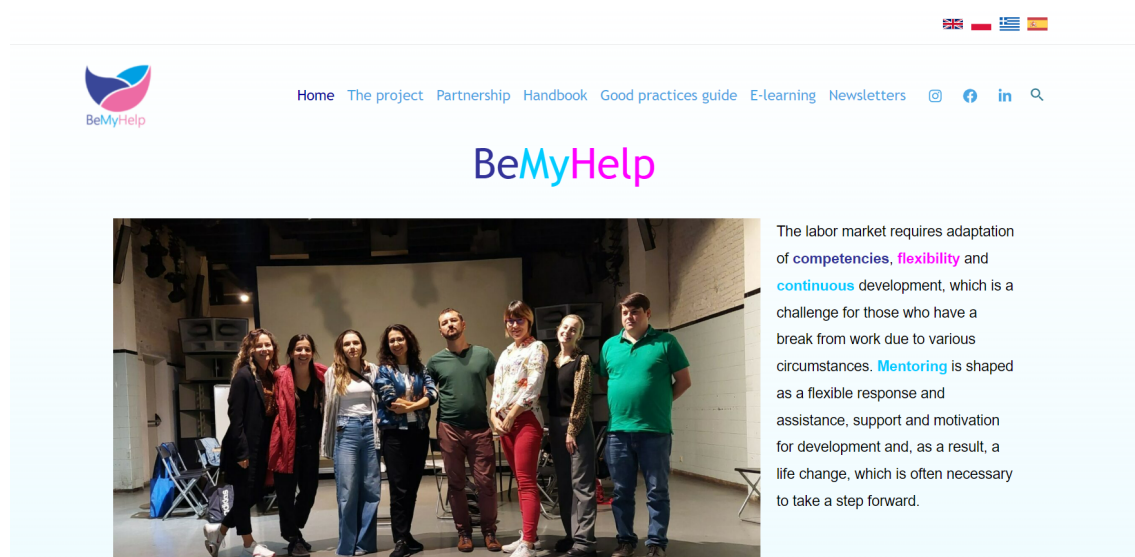
What makes this space particularly valuable is its multilingual accessibility, accommodating the diverse linguistic backgrounds of our esteemed partners. Participants can engage with the training materials, guidelines, and resources in their preferred language, fostering a more inclusive and tailored learning experience.



This e-learning initiative is not merely a repository of information; it represents our dedication to fostering continuous learning and skill development. By creating a dynamic online environment, we aim to offer participants a flexible and interactive learning journey that adapts to their individual preferences and schedules. The e-learning space is poised to become a hub for ongoing knowledge exchange, collaboration, and the exploration of best practices in mentoring across various cultural and linguistic contexts. As we embark on this transformative training endeavor, we are excited about the potential impact it holds in enhancing the capabilities of our participants and, subsequently, the success of mentoring programs in our partner countries.

Website

We have launched a comprehensive website, available in English and in the languages of our partners, which serves as a central hub for all project materials. Here you will find not only the Mentoring Manual, but also a good practice guide, e-learning resources and details about the project and partners. Dive into our online universe and find out more about our initiative.



Next steps

We are excited about what the future holds, which includes testing the implementation of the mentoring model in four partner country organisations. This step is crucial to fine-tune and adapt our approach to different contexts and ensure the long-term success of our project.

We thank you for your continued interest and support throughout this exciting journey and wish you a happy holiday season and a prosperous new year full of success and continued collaboration!

THANK YOU FOR READING!

BE SURE TO FOLLOW US ON SOCIAL

MEDIA AND STAY TUNED FOR THE

NEXT EDITION OF THE BEMYHELP NEWSLETTER!



Co-funded by
the European Union

