

### **BeMyHelp**

Mentoring of women returning to the labour market

Erasmus+ BeMyHelp project

#### Hello, good to see you!



The idea of the project is to disseminate this method in the context of women's professional activation, the findings, however. materials can be an ideal starting point and be adapted to support and work with other groups of people and institutions. Now, you can read the handbook and good practices website on bemyhelp.eu.

These materials help you find out what mentoring is, how to develop, build and coordinate a mentoring program and how to estimate costs and raise funds for a mentoring program.











#### What's going on in the project?

#### We continue to work on e-learning training program

We are focusing on 2 parts of the project: training program and mentoring.

#### **Training online**

We are planning a training program for organisations that want to learn mentoring and implement it in their organisations. It will be 12 hours of online training. The main goal is to improve skills in working with the mentoring tool among organisations that help women returning to the labor market after a break. The training program will be based on the handbook, good practices and e-learning videos.

#### Mentoring training to organisations

In the next part of the project, we will prepare organisations to implement the mentoring program at their company. This is a kind of supervision. In this way, companies will gain comprehensive support and will be able to facilitate women's work when they return to the labor market.

These activities are planned for early 2024, and supervising for March 2024.













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